

Strip and Dip

- **Date** - 9th June 2018
- **Time** - Meet from 10.10 am at beach - finish time around 2/3pm - there will also be buses organised from The Grand Hotel in Wicklow going up and down to the beach before and after the dip so you could leave your car there and join us on the bus
- **Details and comments on day** – join our facebook event <https://www.facebook.com/events/679763562183232/>
- **How can I register to go?** - officially register on www.iregister.ie/worldslargestskinnydip
- **Does it cost to join?** - there is a non refundable fee of a modest €10 which will be used for insurance, security, props needed, first aiders etc. All proceeds that are not used in connection with the Dip will go straight to Aoibheanns Pink Tie
- **Is it just ladies?** - yes this is a women only event (sorry lads)
- **Age Restrictions** – dip is for over 18's
- **Where is it on?** - it is on in a Meaghermore beach in Wicklow roughly 7 kms from Wicklow Town....
- **Directions** - <https://www.google.com/maps/place/Magheramore+beach/@52.930712,-6.0252017,17z/data=!3m1!4b1!4m5!3m4!1s0x4867b7a5e4973f4d:0x434201a7b53f9a67!8m2!3d52.9307088!4d-6.023013>
- **Can Other people come?** Only dippers and official stewards are allowed on the day. We are all braving it to do this therefore we want to keep it that way. If for some particular reason a person wants to go please message me and of course exceptions can be made. But rule of thumb is Only dippers on the day. If interested in being a steward on the day please ask to join this page on [Facebook](#)
- **Do you take cash donations on the day** – no sorry we can not take cash any offline fundraising please bring cheque or bank draft made payable to Aoibheanns Pink Tie
- **Rules for World Record** – all must stay in the water for five minutes up to the waist (or further of course). Everyone should be absolutely naked but swimming hats and wigs are allowed.

Details of the Day and Night

- **8am-11am** Very excited to say that Today FM will be having a live broadcast at the Hotel from 8am - 11am the morning show with Alison Curtis So there will be plenty of excitement with them being there and after rehearsing our song a couple

of times in another room we will sing it in the main ballroom and it will go out live on air. – All Welcome 😊

- **8.00-10.30** - Breakfast for those wanting some will be in [The Grand Hotel Wicklow](#) (The Ballroom) from 8am and is available for €10 (for non-hotel guests) and hotel will donate 20% of this to Aoibheanns Pink Tie.
- **9.15** - Practice for Song "**This is Me**" in **The Grand Hotel**, Song below with lyrics. Please learn the lyrics ladies we will not have words in our hands :-)
<https://www.youtube.com/watch?v=CjxugyZCfuw>
- **9.45** - We will do the song (and it will go out on TodayFM live0 is amazing and hopefully it will fly all over social media afterwards while we are on the way to the dip.
- **10.15-10.45** You can leave your car in the Car Park of The Grand Hotel and take a bus up with us. **Return trip in a bus will be €5** - bus will pick us up after the dip and drop us back to the Hotel . If you want to drive up that is no problem. Go do the beach in your normal clothes and bring a back pack with you of t-shirt of dressing gown and a towel.
- **10.00-12.15** - People will all meet up in the **Car Park of the Meaghermore beach (this can be done from 10am)**, where most people may have a tippie or two, some body art and basically some shenanigans and laughter. We encourage people to get the bus but there is parking available at the beach so feel free to bring your car. Wayne is our Chief of Security on the day he will be the only man in the car park among us as he needs to be there. Wayne stays up in the Car Park when we go to dip. Wayne has been doing this for years and we would be lost without him. We will also have use of a field beside this carpark the policemen on the gates will tell you where to park.
- There will be people collecting donations – please make sure if you have donations that they are a bank draft or a cheque made payment to Aoibheann’s Pink tie – thanks. Sterling bank drafts and cheques are of course welcome. **Please note we can not take cash donations due to safety and accounting reasons. If you have not got all your donations left that is no problem you can post them to Dee Featherstone after the event.**
- Please note that no children will be allowed on the day it is an Adult Only **event (over 18s)**
- **Insurance** – we ask you please to sign this [online form](#) in relation to insurance. If we get everyone to sign before the dip it will make life so much easier (and greener).

- Please note that we cannot take responsibility for items you leave in the carpark, the carpark will be manned by a Ban Gardai and Wayne our head of Security. For those parking in the other area of the carpark (a field) the gate to this field will be manned by two policemen.

- **12.00-12.15**- After all getting into our dressing gowns or t-shirts for the day we will go down to the beach (you will be counted on the way down to the beach) and then we gather on the beach and take some photos with official photographer. **Please note it is okay to wear Bathing Caps or Wigs.** We may also have a drone on the day for when we are all still in our t-shirts to wave up to. A few songs may be sung and general craic will be had. There will be loads of stewards on the day to count us all and we will have first aiders and life guards. As the event is so massive this year we ask for your patience as it will be a big job to ensure we are all counted properly. We have to get counted in 50s and official signed off by a steward. **Very Important – absolutely no phones or pictures to be taken down to the beach** we all have to respect each other’s privacy... if there is a special photo you want taken with a group of friends just ask any of the photographers to take it for you. Usually photos like this are taken after the dip... so before dip will be just a huge photo and after you can have group photos taken.

- **12.45pm** - we aim to dip – you will hear the big siren someone announce that it is time to run in.... we will disrobe and all run in together, totally hysteric with whoops and hollers **and we all have to be in the water for five minutes up to your waist** - singing, laughter, hollering and cursing are allowed 😊. We will be reminded when our five minutes is up. These are Guinness Records rules the five minutes and up to the waist. **Please note that absolutely no item of clothing can be worn.** There will be a video of us taken while we leg it into the water (from behind) and this video will be sent out to tv stations, newspapers etc. etc. to try get us loads of publicity. If you have an issue with this video then you may wish to reconsider doing the dip. It will be taken from afar and it will be us from behind.

- **1.00** – We all get out of the water and adjudicator, official witnesses and stewards will meet to go through the whole count and paperwork. This will take roughly 30-45 minutes. After this hopefully we will hear that we have broken the
- **WORLD RECORD FOR THE LARGEST SKINNY DIP IN THE WORLD** we will have a Guinness Adjudicator on the day so there will be loads of photos.
- **2pm**- we all leave the beach (in the same lovely clean state we found it, there will be a big skip supplied so please leave any rubbish you have in it) buses will collect us or if you’re driving of course you take your car. We would like as many dippers as possible to join us for a drink or two at **The Mariner Pub in Wicklow** after the. The pub will be putting on platters of sambos and sausages and chips and is also putting a musician on for us, guy with a guitar he was brilliant last year. We may hold a speech or two and Sinead Hamill will be reading her legendary dip ditty – a hit every year. This part of the day is so much fun as people are absolutely buzzing after the dip. People stay as long as they want in pub a lot of people will head home after and for those staying may go off and grab a bite to eat. The Mariner Pub are kindly donating our food and the musician – so thank you very much

- **9pm** we meet up in **The Grand Hotel Ballroom** for a Prosecco Reception and Nibbles (kindly donated by The Grand Hotel) and then the DJ will be playing music from the 70s and 80s so we will be having a massive disco. Feel free to wear the Sasparellas, white stilettos and bring a handbag for the middle of the ring of dancers. Its going to be such a fun night.

More Details

- Access to the beach is kindly given to us on the day by the owner and security is also donated by the owner so we need to respect this and ensure the place is as beautiful as it was when we arrive
- Wayne is our Chief of Security - he organises the beach for us every year and the security and is just a great guy - Wayne will be the only man on the day (but wont go down to the beach with us) - Wayne reckons he has the best job in Ireland on this day :-)
- Ladies please understand that the Dip is taken at your own risk and no liability is attached to us or the owners of the land leading to the beach

Fundraising/Sponsorship

- We are fundraising for [Aoibheann's Pink Tie](#) which is the National Cancer Charity of Ireland - 97% of ALL proceeds to the family and kids fighting cancer - their aim is to make their journey more comfortable and bring in as much happiness as possible. This charity offers practical support to families, monies raised do not go to research.
- The best way to fundraise is to do it online. Please following instructions below to set up your account (which is free to set up of course and just takes a minute or two)
- Click on this link <https://www.idonate.ie/eventdetail.php?id=1824&event=charity>
- Create an account for you and basically follow the steps - give yourself a username then choose to create a fundraising page and follow on from there
- Then just follow the details with your details and image etc.etc.
- Once you are set up you will get your own personal fundraising link which you can copy and use on FB, Email, Text etc.etc.
- We aim to raise as much as possible so your efforts are really appreciated



Offline Fundraising

- It is of course okay as well do fundraise offline (all fundraising is great). you can download a sponsorship card here and print it off
- [DOWNLOAD SPONSORSHIP CARD](#)
- All monies collected should be lodged directly to the Bank Account of the charity or if this is not possible please bring it on the day and there will be designated people to hand the money. Another thing you can do is any monies you have collected you can upload it online to the main idonate account which is www.idonate.ie/worldslargestskinnydip In the comments just put your name so we know it came from you
- When you use the online facility the funds weekly go direct to the charity

Corporate Sponsorship

- Over the last few years we have received a lot of sponsorship from companies
- Some companies match employees fundraising efforts
- Some companies may have a special day in the office to raise funds for this
- So please check out your company to see if they help out

Dipper Groups Set Up feel free to join either or both :-)

You Will Never Dip Alone

For women who are coming to dip by themselves... this is a way to get chatting to other women also in the same boat. We will be arranging a place for "all the single ladies" to meet and go up on the bus together from the hotel to the beach. So far there are over 100 ladies in this group so you will never be on your own.

<https://www.facebook.com/groups/1426432414151883/>

Share a Lift or Need a Lift

A group set up for people who are driving to the dip and have spare seats and those who are looking for lifts. Be great to travel down with someone and share costs and have a bit of craic on the way

<https://www.facebook.com/groups/1584349238316837/>

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Information on Aoibheanns Pink Tie Aoibheann's Pink Tie "National Children's Cancer Charity" was set up in 2010 by Mick Rochford and Jimmy Norman after the tragic loss of Jimmy's daughter Aoibheann to cancer aged just 8 years. During Aoibheann's year long battle with this dreadful disease, the family found little or no financial or practical support for children and their families. Jimmy and his family had a large support network of friends and family but found that many on the ward had virtually no support at all. When Aoibheann passed away the men wore *pink ties* at the funeral which was Aoibheann's favourite colour. The charity was formed in her memory to remedy the lack of support for other children and their families going through treatment. Families of children diagnosed with cancer are completely and utterly focused on their sick child. The regular travel to Our Lady's Children's Hospital from all over Ireland, the extended overnight stays consume all waking moments during this battle and the day-to-day necessities of life fall by the wayside or become impossible to manage. Medical cards are incredibly difficult to get if either spouse is in employment, mortgages, utility bills, motoring costs and general household bills become lost in the mire of the battle as they struggle with one of life's worst nightmares. Phone bills, accommodation costs and medical bills become a huge burden for the parents who have to endure the nightmare of watching their child battle cancer. Aoibheann's Pink Tie will help and offer practical support to the families of children diagnosed with cancer and who are attending St John's Oncology Ward in Our Lady's Children's Hospital. Focused on children attending the only treatment center for childhood cancer in Ireland, we will support the complete family unit, of parents and siblings, who may not understand what is happening to their Brother or Sister. Visit www.aoibheannspinktie.ie for more details

