

Strip and Dip

Dippers Day & Night June 9th

Brief outline of the morning, day and night for
Strip & Dip - 9th June

9.30-10.30 - we are doing a song "**This is Me**" in **The Grand Hotel**, there will be a videographer recording it - (only be in song of course if you want to be). Breakfast for those wanting some will be in The Ballroom from 8am and is available for €10 (for non-guests) and hotel will donate some of this to the charity. The song is amazing and hopefully it will fly all over social media afterwards while we are on the way to the dip.

10.30-11.00 Leave your car in the Car Park of The Grand Hotel and take a bus up with us. Return trip in a bus will be €5 - bus will pick us up after the dip and drop us back to the Hotel

11.00-12.30 - People will all meet up in the **Car Park of the Meaghermore beach**, where most people may have a tippie or two, some body art and basically some shenanigans and laughter. We encourage people to get the bus but there is parking available at the beach so feel free to bring your car. Wayne is our Chief of Security on the day he will be the only man in the car park among us as he needs to be there. Wayne stays up in the Car Park when we go to dip. Wayne has been doing this for years and we would be lost without him.

There will be people collecting donations – please make sure if you have donations that they are a bank draft or a cheque made payment to Aoibheann's Pink tie – thanks

There will also be a table where we will ask every to sign an insurance form for your protection on the day

12.30 - After all getting into our dressing gowns we will go down to the beach (you will be counted on the way down to the beach) and then we gather on the beach and take some photos with official photographer. We may also have a drone on the day for when we are all still in our dressing gowns to wave up to. A few songs may be sung and general craic will be had. There will be loads of stewards on the day to count us all and we will have first aiders and life guards. As the event is so massive this year we ask for your patience as it will be a big job to ensure we are all counted properly. We have to get counted in 50s and official signed off by a steward. **Very Important – absolutely no**

phones or pictures to be taken down to the beach we all have to respect each other's privacy... if there is a special photo you want taken with a group of friends just ask any of the photographers to take it for you. Usually photos like this are taken after the dip... so before dip will be just a huge photo and after you can have group photos taken.

1pm - we aim to dip – you will hear the big siren someone announce that it is time to run in.... we will disrobe and all run in together, totally hysteric with whoops and hollers and we all have to be in the water for five minutes up to your waist - singing, laughter, hollering and cursing are allowed 😊. We will be reminded when our five minutes is up. These are Guinness Records rules the five minutes and up to the waist. **Please note that absolutely no item of clothing can be worn.**

There will be a video of us taken while we leg it into the water (from behind) and this video will be sent out to tv stations, newspapers etc. etc. to try get us loads of publicity. If you have an issue with this video then you may wish to reconsider doing the dip. It will be taken from afar and it will be us from behind.

1.15 most of us get out of the water and then hopefully we will hear that we have broken the **WORLD RECORD FOR THE LARGEST SKINNY DIP IN THE WORLD** we will have a Guinness Adjudicator on the day so there will be loads of photos.

2pm - we all leave the beach (in the same lovely clean state we found it, there will be a big skip supplied so please leave any rubbish you have in it) buses will collect us or if you're driving of course you take your car. We would like as many dippers as possible to join us for a drink or two at **The Mariner Pub in Wicklow** after the. The pub will be putting on platters of sambos and sausages and chips and is also putting a musician on for us, guy with a guitar he was brilliant last year. We may hold a speech or two and Sinead Hamill will be reading her legendary dip ditty – a hit every year. This part of the day is so much fun as people are absolutely buzzing after the dip. People stay as long as they want in pub a lot of people will head home after and for those staying may go off and grab a bite to eat. The Mariner Pub are kindly donating our food and the musician – so thank you very much

9pm we meet up in **The Grand Hotel Ballroom** for a Prosecco Reception and Nibbles and then the DJ will be playing music from the 70s and 80s so we will be having a massive disco. Feel free to wear the Sasparellas, white stilettos and bring a handbag for the middle of the ring of dancers. Its going to be such a fun night.

finish whenever we have bopped til we dropped

